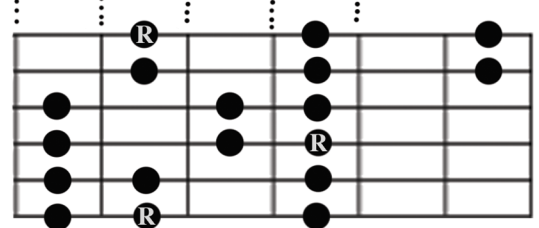
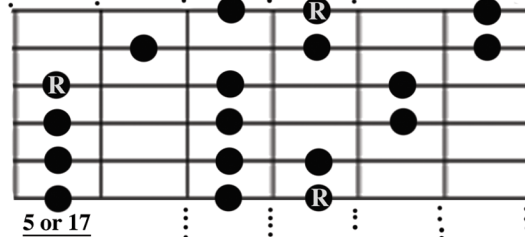
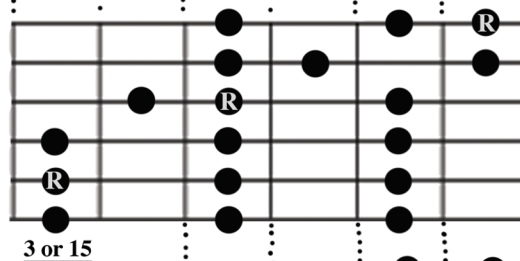
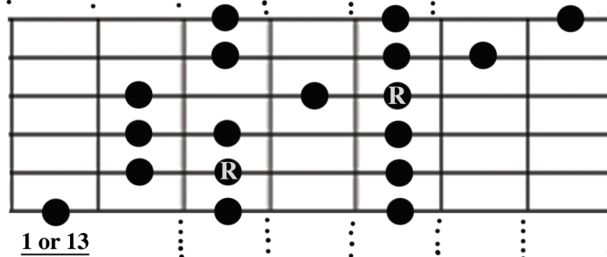
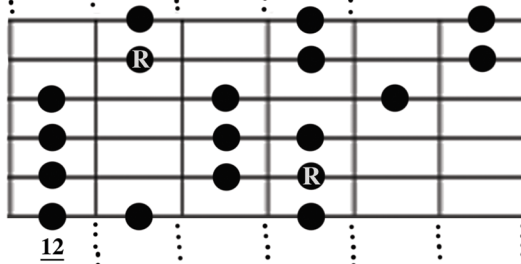
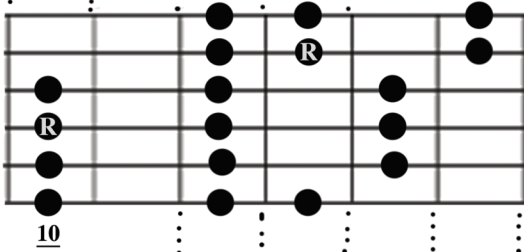
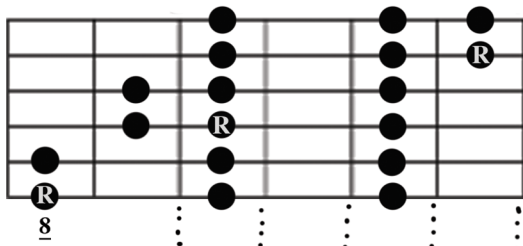


The 7 shapes of the Major Scale in C



7 (21 or 22 fret guitars)
7 or 19 (24 fret guitars)

One of the most effective ways to learn these shapes is to start by looking at each shape individually for approx 90 seconds without actually playing the guitar. Then imagine playing the scale as you read through it, thinking about the fret spaces (intervals) between each note and trying to remember the patterns on each string. Eventually building the image of the whole shape in your mind without needing the guitar in hand. Then try to play the shape on the guitar.

Repeat this process until all shapes have been learnt!!

This is one way of ensuring the image stays in the mind.